

**Woburn Adult Schedule \*valid June 17-September 2, 2024**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 5:15AM 5:30AM 5:45AM 6:15AM 6:30AM 6:45AM 7:45AM 9:00AM  11:45AM 12:00PM	Morning 5:15AM 5:45AM 6:15AM 7:45AM 9:00AM  12:00PM	Morning 5:15AM 5:30AM 5:45AM 6:15AM 6:30AM 6:45AM 7:45AM 9:00AM  11:45AM 12:00PM	Morning 5:15AM 5:45AM 6:15AM 7:45AM 9:00AM  12:00PM	Morning 5:15AM 5:45AM 6:15AM 6:30AM 6:45AM 7:45AM 9:00AM  11:30AM 12:00PM	Morning 8:00AM 9:00AM
Evening 5:45PM 6:00PM 6:15PM	Evening 5:45PM 6:00PM 6:15PM	Evening 5:45PM 6:00PM 6:15PM	Evening 5:45PM 6:00PM 6:15PM	Evening 5:45PM	

**Middleton Adult Schedule \* valid June 17-September 2, 2024**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 5:30AM 5:45AM 6:15AM 6:00AM 9:00AM	Morning 5:45AM 6:15AM	Morning 5:30AM 5:45AM 6:15AM 6:00AM 9:00AM	Morning 5:45AM 6:15AM	Morning 5:45AM 9:00AM	Morning 8:00AM
Evening 5:45PM 6:15PM	Evening 4:45PM	Evening 5:45PM 6:15PM	Evening 4:45PM	Evening 5:45PM	

\*We are closed July 4-6 August 31-September 2. Holiday classes may be available **Current Members-Always check the app for updates on available times.**

**Adult Class - 60 minutes**  
**2-day program \$199**  
**3-day program \$299**

\*Rolling admission, charged monthly